

Did you know that no amount of antibiotics can cure your cold?

Colds, most coughs, sore throats, sinusitis and ear infections get better without antibiotics, as your body can usually fight these infections on its own.



Ask your pharmacist for advice about your symptoms.

Find out more and choose a pledge to help tackle antibiotic resistance at www.antibioticguardian.com

It takes less than three minutes and it's free!

