



Kernow

Clinical Commissioning Group

Commissioning policies 2016-17

Commissioning policies 2016/17**Version control**

Version	Date	Name	Comments
1.0	17/05/2016	Sarah Foster	Document creation
1.1	24/05/2016	Rebecca OConnell	Updated OPCS codes
1.2	04/07/2016	Rebecca OConnell	Updated commissioning status
1.3	25/07/2016	Nicola Hughes	Updated with review dates
1.4	11/08/2016	Rebecca O'Connell	Updated with Cohort groupings
1.5	11/08/2016	Rebecca OConnell	Updated to show NRF policies only
2.1	19/09/2016	Rebecca OConnell	Updated with CBA policies
2.2	14/10/2016	Rebecca OConnell	Updated with clinical feedback

Contents

Introduction	6
General surgery	9
Anal skin tag removal	9
Circumcision	9
Hyperhidrosis treatment.....	10
Varicose veins	10
Ears, nose and throat (ENT)	12
Insertion of grommets	12
Tonsillectomy.....	13
Musculo-skeletal health	14
Bunion Surgery (Hallux valgus)	14
Ganglion	14
Knee Arthroscopy	15
Urological - Genitary problems	16
Elective caesarean section for non-clinical reasons	16
Hysterectomy +/- Oophrectomy	17
IVF	17
Male sterilisation (vasectomy).....	20
Reversal of female sterilisation	21
Reversal of male sterilisation	21
Eye problems	21
Laser surgery for short sight (Myopia)	21
Aesthetic surgery	22
General guidelines.....	22
Abdominoplasty or Apronectomy	22
Removal of Benign Skin Lesions solely for cosmetic reasons	23
Blepharoplasty	23
Botox injection for the ageing face.....	24
Breast Asymmetry	24
Breast augmentation.....	24
Breast Lift (Mastopexy)	25
Breast reduction.....	25
Male breast reduction surgery for gynaecomastia	25
Face lift or brow lift.....	26
Hair grafting - male pattern baldness.....	26
Hymenorrhaphy	26
Inverted nipple correction	27
Labioplasty.....	27
Removal of lipomata	27
Liposuction.....	28
Repair of lobe of external ear (split earlobes)	28
Revision mammoplasty (including prosthesis removal or replacement)	28
Penile implants and labial trimming and cosmetic genital procedures	29
Pinnoplasty	29
Removal of tattoos.....	29
Resurfacing procedures: dermabrasion, chemical peels and laser treatment	30
Rhinoplasty	30

Commissioning policies 2016/17

Scars and keloids	30
Thigh lift, buttock lift and arm lift, excision of redundant skin or fat	30
Vaginoplasty	31
Congenital vascular lesions	31
Miscellaneous.....	31
Complementary medicines/therapies.....	31

Patient guide to the policy and why your doctor has to observe it**NHS funds**

- NHS Kernow Clinical Commissioning Group (NHS Kernow) buys healthcare on behalf of the local population of Cornwall and Isle of Scilly. The money for this comes from a fixed budget. By law, we are required to keep within this budget.
- Demand for healthcare is greater than can be funded from this fixed budget. Unfortunately, this means that some healthcare which patients might wish to receive and which professionals might wish to offer cannot be funded.
- This has always been the situation since the start of the NHS.

Assessing what the overall population most needs

- Our approach to this situation is to prioritise what we spend, so that the local population gets access to the healthcare that is most needed.
- This assessment of need is made across the whole population and, wherever possible, on the basis of best evidence about what works. We also aim to do this in a way that is fair, so that different people with equal need have equal opportunity to access services.
- This approach is not new. It is consistent with other NHS organisations who buy healthcare for their local populations.
- One result of this kind of assessment is a list of some of the treatments which can only be paid for by the local NHS in certain restricted circumstances, and also a number of treatments which don't work well enough to justify any use within the local NHS. A similar list has been drawn up for medications, to ensure that the local NHS gets the greatest possible value for the local population. We aim to review these lists to ensure that they reflect the best available evidence and are affordable and fair.

Implications for you

- This may mean that your doctor is not able to offer you a certain treatment because it would not be funded by the local NHS.
- Although most doctors recognise the need for some kind of policy like this, she/he may be uncomfortable because of its implications for you as an individual.
- Even so, your doctor has to observe the policy because it is the policy of the local NHS, and is the best way to ensure that local NHS funds are spent on the things that will bring greatest overall benefit to local people in a way that is affordable and fair.

For a full list of all treatments and applicable exclusions and criteria, please refer to the NHS Kernow commissioning policy covering access to procedures of limited clinical priority (PLCP) and other treatments (this document).

Introduction

The purpose of this policy is to ensure that NHS Kernow Clinical Commissioning Group (NHS Kernow), the Commissioner for Cornwall and Isle of Scilly fund treatment only for clinically effective interventions delivered to the right patients. It sets out the treatments deemed to be of insufficient priority to justify funding from the available fixed budget.

Approved prescribing of medicines falls outside the scope of this document and is covered in the guidelines and protocols produced by the Cornwall and Isle of Scilly Prescribing Committee. Further information can be obtained from the Prescribing and Medicines Optimisation team (kccg.prescribing@nhs.net) or online: [Cornwall and Isles of Scilly Joint Formulary](#).

This policy will be kept under regular review, to ensure that it reflects developments in the evidence base regarding clinical and cost effectiveness

Definitions

In general, treatments are deemed to be of low value and therefore a low priority for funding where:

1. There is clear evidence that they are ineffective or do more harm than good, or
2. There is no evidence of effectiveness and they are not being delivered in a context that would allow the gathering of an evidence base to judge effectiveness, i.e. through ethically approved research, or
3. There is evidence of effectiveness but they are being offered to patients whose characteristics are different from the characteristics of the patients in the research studies which produced the evidence for effectiveness, or
4. They use resources that would produce more value, namely a better balance of benefit to harm, if invested in some other service for the same group of patients.

Scope

This policy sets out those procedures which are not normally commissioned due to their low clinical priority, and some others for which strict criteria apply. NHS Kernow has a number of other commissioning policy documents, the full list can be found here:

www.kernowccg.nhs.uk/get-info/individual-funding-requests/treatment-policies

Policy development is an on-going process and future policy will be produced and published periodically.

Principles

Commissioning decisions about a procedure are made with reference to the evidence of its clinical effectiveness, cost effectiveness, the affordability of equitable provision, and best value for money.

Commissioning policies 2016/17**Exceptionality**

NHS Kernow commission according to the policy criteria. Requests for individual funding will not normally be considered, unless the circumstances fulfil the strict criteria for exceptionality as defined within the current policy for determining Individual Funding Requests (IFR), in which case they may be submitted for consideration with the framework and process outlined in the IFR policy (available here: www.kernowccg.nhs.uk/get-info/individual-funding-requests).

Implementation

Commissioners, general practitioners, service providers and clinical staff treating residents of Cornwall and Isle of Scilly will implement this policy. When interventions are undertaken on the basis of meeting criteria specified within the policy, this should be clearly documented within the clinical notes.

Criteria Based Access (CBA) applies to treatments that are considered appropriate for patients in certain circumstances provided that specific pre-determined and evidence based access criteria have been met. Assessment of the patient against the relevant criteria can be made at any point in the patient pathway prior to treatment, but should be undertaken at the earliest possible stage in the pathway once the need for a CBA procedure has been identified. This means that assessment against the CBA criteria will either be made by the referrer prior to referral, or by the secondary care clinician following triage or initial assessment in secondary care.

Where the responsible clinician believes that a patient demonstrably meets the criteria set out in the policy, the patient can proceed for treatment. If the assessment is undertaken by a referring general practitioner, that general practitioner must ensure that details of this are included within their referral. Secondary care providers must ensure that evidence that the patient meets the CBA criteria is included within the patient's medical record for audit purposes.

Responsibility for adherence to the Commissioning Policy lies with the referring **and** treating clinicians. On any occasion where a provider undertakes procedures which are not routinely funded, or CBA activity where the patient does not meet the relevant criteria, that provider will not be paid for the associated activity. This policy is formally incorporated into contracts and will be subject to routine monitoring for compliance.

The schedule of procedures

The schedule is set out below and is incorporated into contractual agreements. NHS Kernow will require all providers in primary and secondary care to embrace and abide by the policy, advising patients accordingly.

This policy should be read in conjunction with other policies published by NHS Kernow.

Private funding

If patients choose to privately fund an intervention that is not normally funded by NHS Kernow, they will retain their entitlement to other elements of NHS care. For example, if they privately fund a cancer drug or cancer intervention not normally funded by NHS Kernow they will retain their entitlement to all the other elements of cancer care that other residents of Cornwall and Isle of Scilly receive free of charge.

Commissioning policies 2016/17

However when patients are privately funding an intervention, they are responsible for all the costs associated with that intervention, including Consultant costs and diagnostics. They are therefore unable to receive a mixture of privately funded and NHS Kernow's funded care within the same appointment or intervention - they cannot 'top-up' NHS Kernow's funded appointment or intervention by paying for an additional intervention to be provided or monitored during the same consultation.

NICE guidance and recommendations about "do not do"

During the process of guidance development, NICE's independent advisory bodies often identify NHS clinical practices that they recommend should be discontinued completely or should not be used routinely. Such recommendations may be due to evidence that the practice is not on balance beneficial or a lack of evidence to support its continued use. NICE has collated these recommendations into the 'do not do' recommendations database.

Commissioners do not routinely fund interventions identified in the "do not do" recommendations database. A copy of the database is maintained [here](#).

General surgery

Anal skin tag removal	
Introduction	<p>Skin tags are small flesh-coloured or brown growths that hang off the skin and look a bit like warts. They are very common and harmless.</p> <p>Skin lesions are often referred for specialist opinion because of concerns that there may be a malignancy. This should be done through the appropriate referral route if malignancy is suspected. Once it is established that a skin lesion is not malignant its removal will not normally be funded, though a surgeon may request funding in exceptional cases.</p>
Criteria	Removal of anal skin tags is regarded as a procedure of low clinical value and is therefore not routinely commissioned.
Codes	<p>OPCS Code: H48.2, 48.8, 48.9</p> <p>ICD10: There are no relevant ICD 10 Codes.</p>
Date approved	Benign skin lesion policy, October 2014
Review date	November 2017 or earlier if new guidance is issued.
JCIA	Available upon request.

Circumcision	
Introduction	<p>Circumcision is a surgical procedure that involves partial or complete removal of the foreskin of the penis. It is an effective procedure and confers benefit for a range of medical indications. Sometimes it is requested on cultural, social and religious reasons. These non-medical circumcisions do not confer any health gain but do carry measurable health risk.</p>
Criteria Based Access	<p>Circumcision is commissioned where patients meet the criteria below, the referral letter and patient's medical record need to clearly evidence how these criteria are met:</p> <ul style="list-style-type: none"> • Phimosis (inability to retract the foreskin due to a narrow prepuce ring) and • paraphimosis (inability to pull forward a retracted foreskin); • Balanitis Xerotica Obliterans (chronic inflammation leading to a rigid fibrous foreskin); • Balanoposthis (recurrent bacterial infection of the prepuce, >3 documented episodes); • Carcinoma of the penis. <p>It will not be considered on social or religious grounds on the basis that:</p> <ul style="list-style-type: none"> • The DH advises that the legality of male circumcision for religious reasons could be in conflict with the human rights act and current child protection legislation; • The issue of informed consent when a young child is involved is unclear and complex; • The risks associated with routine circumcision, such as infection and bleeding outweigh the benefits; • GMC and BMA guidance reflects society's disagreement as to whether circumcision is a beneficial, neutral or harmful procedure and recognises the

Circumcision	
	complex issues that arise for doctors when considering whether to circumcise male children for nontherapeutic reasons. Neither the BMA nor GMC take a view as regards the lawfulness or appropriateness of circumcision for non-therapeutic reasons.
Codes	OPCS Code: N30.3 ICD 10 Codes for the specified clinical criteria are any one of: N47; N48.1 (>3 documented episodes); N48.6; C60 (suspected or proven); N48.3. However there are no appropriate ICD 10 codes unresponsive dermatological disorders or congenital abnormalities requiring skin for grafting.
Date approved	Circumcision, April 2014
Review date	September 2016, next review September 2018 or earlier if new guidance is issued
JCIA	Available upon request.

Hyperhidrosis treatment	
Introduction	Hyperhidrosis can be generalised or focal. Generalised hyperhidrosis involves the entire body, and is usually part of an underlying condition, most often an infectious, endocrine or neurological disorder. Focal hyperhidrosis is an idiopathic disorder of excessive sweating that mainly affects the axillae, the palms, the soles of the feet, and the face of otherwise healthy people.
Criteria	Botulinum Toxin for the treatment of hyperhidrosis is not routinely commissioned.
Codes	OPCS Codes: A75.2, 76.2, 77.2, 78.2, 79.2 The ICD 10 Code for hyperhidrosis is R61
Date approved	Low priority treatment policy, April 2015
Review date	September 2016, next review September 2018 or earlier if new guidance is issued
JCIA	Available upon request.

Varicose veins	
Introduction	<p>Varicose veins are dilated superficial veins in the leg. They are caused by incompetent valves, commonly in the long and short saphenous veins and their branches, although varicosities may be secondary to deep venous disease. They are not to be confused with intra-dermal spider veins or thread veins which lie within the skin.</p> <p>Asymptomatic or mild varicose veins present as a few isolated, raised palpable veins with no associated pain, discomfort or any skin changes. Moderate varicose veins present as local or generalised dilatation of subcutaneous veins with associated mild pain or discomfort and slight ankle swelling. Severe varicose veins may present with phlebitis, ulceration, haemorrhage, significant oedema or haemosiderin staining.</p> <p>Most varicose veins respond to conservative management, i.e. exercise, weight loss and elevation of the leg two to three times daily. Varicose eczema, if severe or inflamed, can be treated effectively with topical steroids. Consider</p>

Varicose veins	
	<p>class one or two compression stockings (Note: NICE CG 168 recommends - Do not offer compression hosiery to treat varicose veins unless interventional treatment is unsuitable).</p> <p>Interventional procedures such as surgical stripping or ligation, radio-frequency ablation, endoscopic procedures and sclerotherapy (e.g. 'foaming') can improve symptoms in the short term but are less effective in the longer term, and are associated with a significant recurrence rate. Interventional procedures for mild and moderate varicose veins will not normally be commissioned by NHS Kernow.</p>
Criteria Based Access	<p>Varicose vein treatment is commissioned where patients meet the criteria below, the referral letter and patient's medical record need to clearly evidence how these criteria are met:</p> <ul style="list-style-type: none"> • Lower-limb skin varicose eczema, thought to be caused by chronic venous insufficiency; • Superficial vein thrombosis (characterised by the appearance of hard, painful veins) and suspected venous incompetence; • Recurrent or ascending superficial phlebitis (DVT risk may be as high as 10 to 20 per cent at presentation); • A lower limb venous ulcer not healed within two weeks, with or without obvious varicose veins; • A healed venous leg ulcer; • Severe swelling or pitting oedema; • Symptomatic varicose veins in the presence of arterial insufficiency (absent pedal pulses); • Lipodermatosclerosis; • Incipient ulceration with erythema and skin induration. <p>Patients not suitable for referral to vascular surgical clinics for NHS treatment:</p> <ul style="list-style-type: none"> • Patients with no symptoms or skin changes associated with venous disease; • Patients whose concerns are cosmetic including telangiectasia and reticular veins; • Patients with mild symptoms including itch, ache, mild swelling, minor changes of skin eczema and haemosiderosis.
Codes	<p>OPCS Codes: L83.2 - 88.9. Subsidiary codes X30.5, X30.8 or X30.9 with codes Z39.5 or Z39.8</p> <p>The ICD 10 Code for varicose veins of lower extremities is I80</p> <p>There is no Code to identify those which have bled or are at risk of bleeding again. Codes for the other clinical criteria are any one of I83.0 or I83.2; I87.2; I80.0 or I80.1 or I80.2 or I80.3 or 180.9.</p> <p>There is no appropriate code to identify impact on quality of life.</p>
Date approved	Varicose vein procedures, June 2014
Review date	September 2016, next review September 2018 or earlier if new guidance is issued
JCIA	Available upon request.

Ears, nose and throat (ENT)

Insertion of grommets	
Introduction	<p>Glue ear is a common childhood condition in which the middle ear becomes filled with fluid.</p> <p>The medical term for glue ear is otitis media with effusion. Grommets can help drain fluid out of the middle ear.</p>
Criteria Based Access	<p>Children</p> <p>Insertion of grommets in children is commissioned where patients meet the criteria below, the referral letter and patient's medical record need to clearly evidence how these criteria are met:</p> <ul style="list-style-type: none"> • OME persists after a period of at least three months watchful waiting from the date that the problem was first identified by the GP to the date of referral; and • the child is three years or older; and • there is significant hearing loss (of at least 25dB) - particularly in the lower tones (low frequency loss) - and evidence of a disability as a result of this hearing loss on at least two documented occasions (following repeat testing after six to twelve weeks) with either: <ul style="list-style-type: none"> • delay in speech development; or • educational or behavioural problems attributable to the hearing loss; or • a significant second disability that may itself lead to developmental problems e.g. Down's syndrome, Turner's syndrome or cleft palate • The CCG will fund treatment for grommets in children with acute otitis media when there have been at least five recurrences of acute otitis media, which required medical assessment and/or treatment, in the previous year. <p>Adults</p> <p>Insertion of grommets in adults is commissioned where patients meet the criteria below, the referral letter and patient's medical record need to clearly evidence how these criteria are met:</p> <ul style="list-style-type: none"> • grommet insertion during examination under anaesthetic with/without a biopsy of the post nasal space as indicates a suspicion of cancer • a middle ear effusion causing measured conductive hearing loss, persisting for at least six months and resistant to medical treatments. The patient must be experiencing disability due to deafness. The possible option of a hearing aid may be discussed, at the discretion of the clinician • persistent eustachian tube dysfunction resulting in pain (eg flying) • as one possible treatment for Meniere's disease • severe retraction of the tympanic membrane if the clinician feels that this may be reversible and reversing it may help avoid erosion of the ossicular chain or the development of cholesteatoma.
Codes	<p>OPCS Code : D15.1, D15.8, 15.9, 20.2, 20.3, 20.8, 20.9, 28.8, 28.9</p> <p>ICD 10 codes for those meeting the clinical criteria are any of: H65.0 (5 or > documented episodes), 65.1 (5 or > documented episodes), 65.3 or 65.4. There are no appropriate codes for hearing level, hearing loss or effects on the child</p>
Date	Myringotomy with/without grommets (children and adults), April 2014

Insertion of grommets	
approved	
Review Date	September 2016, next review September 2018 or earlier if new guidance is issued
JCIA	Available upon request.

Tonsillectomy	
Introduction	<p>These criteria are in line with SIGN 2010 guidance.</p> <p>It should be noted that there is no high quality evidence in adults for the effectiveness of tonsillectomy as a treatment for recurrent sore throats, and benefits may be outweighed by the morbidity associated with surgery in children who are not severely affected.</p>
Criteria Based Access	<p>Tonsillectomy is commissioned where patients meet the criteria below, the referral letter and patient's medical record need to clearly evidence how these criteria are met:</p> <p>Recurrent sore throat where the following documented evidence applies:</p> <ul style="list-style-type: none"> • Seven or more episodes of tonsillitis* in the last year; or • Five episodes per year in the preceding two years; or • Three episodes per year in the preceding three years; and • There has been significant severe impact on quality of life indicated by documented evidence of absence from school/work; and/or • Failure to thrive. <p>Referral for tonsillectomy is automatically commissioned in the following circumstances:</p> <ul style="list-style-type: none"> • Suspected malignancy; • Peri-tonsillar abscess (Quinsy); • Tonsillar enlargement causing acute upper airways obstruction. <p>When in doubt as to whether a tonsillectomy would be beneficial, a six month period of watchful waiting is recommended.</p> <p>* Definition of tonsillitis</p> <p>Using the SIGN¹ list as indicative of bacterial infection, an eligible episode of tonsillitis must have three points, one each for any of the five criteria documented:</p> <ol style="list-style-type: none"> a) History of fever (>38.3C); b) Tender anterior cervical lymph nodes; c) Tonsillar exudate; d) Absence of cough; e) Age under 15; f) but age 45+ subtracts a point or positive culture of group A beta haemolytic streptococci. <p>¹. SIGN 34 (Scottish Intercollegiate Guidelines Network) (April 2010) Management of Sore Throat and Indications for Tonsillectomy.</p>

Tonsillectomy	
Codes	OPCS Codes: F34.1 – 34.9, 36.1. Subsidiary Codes Y08.1 - 08.9 and Y10.1 - 13.9 with code Z25.7 The ICD-10 Code for acute sore throat is J02 and for acute tonsillitis is J03, but the number of episodes cannot be captured by ICD 10 Codes, and there are no appropriate codes for impact on normal functioning. Codes for the other funded indications are any one of: J36; G47.3 or G47.9; C09 (suspected or proven).
Date approved	Tonsillectomy (adults and children), April 2014
Review date	September 2016, next review September 2018 or earlier if new guidance is issued
JCIA	Available upon request.

Musculo-skeletal health

Bunion Surgery (Hallux valgus)	
Introduction	A bunion (Hallux valgus) is a bony swelling at the base of the big toe. Not all people with bunions are symptomatic (have symptoms).
Criteria Based Access	<p>Surgical removal of bunions is commissioned where patients meet the criteria below, the referral letter and patient's medical record need to clearly evidence how these criteria are met:</p> <ul style="list-style-type: none"> • conservative methods have been tried and documented to have failed; and • severe deformity (overriding toes) is causing significant (documented) functional impairment*; or • severe pain is causing significant functional impairment*; or • recurrent infection; or • recurrent ulcers. <p>*Note: significant functional impairment is defined as:</p> <ul style="list-style-type: none"> • Symptoms that result in an inability to sustain employment despite reasonable occupational adjustment, or act as a barrier to employment or undertake education; • Symptoms preventing the patient carrying out self-care, maintaining independent living or carrying out carer activities. <p>Evidence of functional impairment must be supplied with the referral documentation.</p>
Codes	OPCS codes: W79.2 ICD10:
Date approved	Hallux valgus (bunion) surgery, April 2014
Review date	September 2016, next review September 2018 or earlier if new guidance is issued
JCIA	Available upon request.

Ganglion	
Introduction	Ganglia are benign fluid filled, firm and rubbery in texture lumps. They occur most commonly around the wrist, but also around fingers, ankles and the top of

Ganglion	
	<p>the foot. They are usually painless and completely harmless. Many resolve spontaneously especially in children (up to 80 per cent).</p> <p>Reassurance should be the first therapeutic intervention. Aspiration alone can be successful but recurrence rates are up to 70 per cent. Surgical excision is the most invasive therapy but recurrence rates of up to 40 per cent have been reported.</p> <p>Complications of surgical excision include scar sensitivity, joint stiffness and distal numbness.</p>
Criteria Based Access	<p>Removal of ganglia is commissioned where patients meet the criteria below, the referral letter and patient's medical record need to clearly evidence how these criteria are met:</p> <ul style="list-style-type: none"> • Persistent pain (i.e. pain without spontaneous resolution within one to two years); or • Significant Functional Impairment*; or • Evidence of nerve compression. <p>*Note: Significant Functional Impairment is defined as:</p> <ul style="list-style-type: none"> • Symptoms that result in an inability to sustain employment despite reasonable occupational adjustment, or act as a barrier to employment or undertake education; • Symptoms preventing the patient carrying out self-care, maintaining independent living or carrying out carer activities. <p>Evidence of functional impairment must be supplied with the referral documentation.</p>
Codes	<p>OPCS Codes: T59.1 - 59.4, T59.8, T59.9, T60.1 – T60.4, T60.8, T60.9 The ICD 10 code for Ganglion is M67.4, but there are no appropriate ICD 10 Codes for the clinical criteria</p>
Date approved	Removal of ganglia, April 2014
Review date	September 2016, next review September 2018 or earlier if new guidance is issued
JCIA	Available upon request.

Knee Arthroscopy	
Introduction	As less invasive investigations have become more readily accessible the role of diagnostic arthroscopy is diminishing.
Criteria Based Access	<p>Knee Arthroscopy is commissioned where patients meet the criteria below, the referral letter and patient's medical record need to clearly evidence how these criteria are met:</p> <p>1. Washout and debridement in osteoarthritis: Unless there are documented mechanical features of locking which is associated with severe pain, arthroscopic debridement and washout is not routinely commissioned for chronic pain relief of osteoarthritis of the knee.</p>

Knee Arthroscopy	
	<p>2. Diagnostic arthroscopy: Unless one or more of the following criteria are met diagnostic arthroscopy of the knee is not routinely commissioned:</p> <ul style="list-style-type: none"> • Knee pain with diagnostic uncertainty following an MRI scan; or • Suspected malignancy, infection, nerve root impingement, bony fracture or avascular necrosis. <p>3. Therapeutic arthroscopy: Unless all of the following criteria are met therapeutic arthroscopy of the knee is not routinely commissioned:</p> <ul style="list-style-type: none"> • Clinical examination by a consultant specialist or an MRI scan has demonstrated clear evidence of an internal joint derangement (meniscal tear, ligament rupture or loose body); and • Where conservative treatment has failed or where it is clear that conservative treatment will not be effective.
Codes	<p>1. Washout and debridement in Osteoarthritis:</p> <ul style="list-style-type: none"> • OPCS Codes: W82.2, 82.3, 83.3, 83.6, 85.2, 85.8, 85.9. • The ICD 10 Code for Osteoarthritis is M15.0, but there are no appropriate Codes for the clinical criteria. <p>2. Diagnostic arthroscopy:</p> <ul style="list-style-type: none"> • OPCS Codes: W87.1, 87.8, 87.9 • ICD 10 Codes for the clinical criteria are any one of (suspected): M36.1; M00 or M01; S72.4 or S72.8 or S72.9 or S82.1 or S82.9; M87. • There is no appropriate Code for diagnostic uncertainty, but MRI is U13.3 or U21.1, with Z84.6. <p>3. Therapeutic arthroscopy:</p> <ul style="list-style-type: none"> • OPCS Codes: W82.1 - 82.9, 85.1 - 85.9, (W83.1 - 84.9 with Z84.6) • The ICD 10 Code for internal derangement of the knee is M23. There are no appropriate Codes for conservative management.
Date approved	Arthroscopy of the knee joint, November 2014
Review date	September 2016, next review September 2018 or earlier if new guidance is issued
JCIA	Available upon request.

Urological - Genitary problems

Elective caesarean section for non-clinical reasons	
Introduction	Elective caesarean section for non-clinical reasons is a low priority and will not normally be funded by the CCG. Maternal request is not on its own an indication for caesarean section. Intervention is approved according to criteria established in the guidelines issued jointly by NICE and the National Collaborating Centre for Women and Children's Health.
Criteria	Elective Caesarean Section for Non-Clinical Reasons is not routinely commissioned.
Codes	OPCS Codes: R17.1, 17.2, 17.8, 17.9 The ICD 10 codes for clinical criteria include B20-24, O32, 33, 34, 34.2, Q44,

Elective caesarean section for non-clinical reasons	
	Z21. Please note that this list exhaustive
Date approved	July 2014
Review date	July 2016 or earlier if new guidance is issued
JCIA	Available upon request.

Hysterectomy +/- Oophrectomy	
Introduction	Hysterectomy is an effective procedure for treatment of heavy menstrual bleeding (menorrhagia), but is associated with more complications compared to treatment with progestogens and should not be used as a first-line treatment.
Criteria Based Access	Hysterectomy +/- oophrectomy for non-cancerous heavy menstrual bleeding is commissioned where patients meet the criteria below, the referral letter and patient's medical record need to clearly evidence how these criteria are met: <ul style="list-style-type: none"> • a prior trial with a levonorgestrel intrauterine system e.g. Mirena® (unless contraindicated), has failed to relieve symptoms; and • other less invasive treatment options have been tried for a minimum of three months and documented to have failed (e.g. non-steroidal anti-inflammatory agents, tranexamic acid, endometrial ablation, uterine-artery embolization, hormonal therapies), or are not appropriate or are contraindicated
Codes	OPCS Codes for hysterectomy: Q07.2, 07.4, 07.8, 07.9, 08.2, 08.8, 08.9, with or without subsidiary Code Y50.3 The ICD 10 Codes for the clinical criteria are: C54, 55, 56, 57, 58; D25 (with failure of conservative treatment); N80 (with failure of conservative management); N92.0, 92.1, 92.2, 92.4 (with failure of conservative management)
Date approved	Hysterectomy for non-cancerous heavy menstrual bleeding, January 2015
Review date	September 2016, next review September 2018 or earlier if new guidance is issued
JCIA	Available upon request.

IVF	
Introduction	<p>Infertility is defined as failure to conceive after regular unprotected sexual intercourse for two years in the absence of known reproductive pathology. The treatment of infertility is to assist a couple in conception where such difficulties have been identified. Patients should not be referred to secondary care, outside this time frame, unless there are extenuating reasons. For women over the age of 35, this threshold can be reduced to one year.</p> <p>In the context of limited resources, treatment should be targeted at those with the most need and the greatest chance of success. Up to 4 cycles of IUI (Intrauterine insemination) and 1 cycle of IVF (In vitro fertilisation) may be funded per couple, who would be expected to have a >10% chance of live-birth per cycle. All couples must follow the agreed algorithm, not just progress to IVF without going through other stages first, unless clinically indicated.</p> <p>The elective single embryo transfer policy and cryopreservation of gametes or</p>

IVF	
	<p>embryos policy can be found on our website.</p>
Criteria	<p>In vitro fertilisation (IVF) will be commissioned where the clinical criteria are met – as outlined below:</p> <p>Age: Restricted to women aged between 23 and 40 years: When a woman has reached her 40th birthday she is no longer eligible to access NHS infertility treatment even if she is already on a care pathway.</p> <p>Weight: Men and Women must have a BMI (body mass index) of between 19 and 29.9 for all treatments requiring gonadotrophins: Women with a BMI below 19 or individuals with a BMI above 29.9 should be offered advice and support on increasing or decreasing their weight via their GP.</p> <p>Smoking: Men and Women must have stopped smoking for six months (or use of illicit drugs) before being offered treatments requiring gonadotrophins: Both partners, if necessary, should be strongly encouraged to stop smoking. Self-referral to stop smoking advisors via their GP surgery is recommended. Both partners must be able to declare that they have ceased smoking for at least six months before either partner is offered treatments. If the six months takes them outside the age criteria a clinical decision may be taken to proceed with treatment earlier.</p> <p>Previous children: Restricted to couples with no children living with them, as their place of residency (where children are classed as under 18): The aim of this criterion is to give priority to those couples with limited or no experience of parenting. An adopted child has the same status as a biological child.</p> <p>Couple’s relationship: Restricted to couples in a stable relationship: A stable relationship is defined as two years, to fit with the definition of infertility.</p> <p>Previous assisted conception: Restricted to couples who have had no previous NHS cycles of IVF.</p> <p>Ovarian reserve test or poor cycle response: Restrict where clinician believes chance of live-birth is <10% per cycle: Preferred test is AMH (anti-mullerian hormone) A result of 5 or under can be used in conjunction with other clinical indicators as an indicator that the chance of live-birth is <10%</p> <p>Previous sterilisation: Assisted conception will not be funded where one or both partners have previously been sterilised - even if self-funded reversal has been successful.</p> <p>Rare scenarios in infertility (revised June 2010): The following procedures are approved for funding in the specified circumstances and where the Access Criteria are met.</p> <p>General anaesthetic for egg collection: A clear medical indication. Only</p>

IVF
<p>available at Exeter Unit.</p> <p>Surgical sperm retrieval: TESA (Testicular sperm aspiration) as clinically indicated – MESA (Microsurgical sperm aspiration) not funded. Not for previous vasectomy.</p> <p>Donor insemination: Severe male factor infertility, Genetic disorder in male, Couple decline ICSI (intracytoplasmic sperm injection). Following IVF egg retrieval when no living sperm produced on day of treatment. The tariff covers transport of sperm; and storage for the NHS funded cycle only</p> <p>Cryopreservation for abandoned cycles: If treatment is abandoned after oocyte retrieval and the embryos cannot be replaced. Storage for up to one year and replacement of frozen embryos for the one funded NHS cycle.</p> <p>GnRH pump: Congenital absence of GnRH (Gonadotropin releasing hormone).</p> <p>Receiving egg donation: Premature menopause – that is menopause before the age of 40, defined as no natural menarche for two years. Genetic disorder in female. Previous chemotherapy or radiotherapy for cancer.</p> <p>Egg donors: Must meet HFEA (Human fertilisation and embryology authority) criteria. Altruistic donation. Egg sharing as long as the NHS does not subsidise treatment for the donor beyond that which is required for treatment of the recipient.</p> <p>Abandoned IVF or ICSI cycle: One further NHS cycle to be funded if greater than 10 per cent chance of success where the cycle has been abandoned prior to egg retrieval or cryopreserved replacement. This includes where the cycle was abandoned due to hyperstimulation. One cycle of ICSI where there is failed fertilisation in IVF and ICSI would be expected to resolve this.</p> <p>Abandoned IUI cycle: One further NHS cycle to be funded if greater than 10 per cent chance of success.</p> <p>Cryopreservation: Funded under certain circumstances, see separate cryopreservation of gametes or embryos policy. Patient can self-fund cryopreservation of embryos resulting from NHS-funded cycle.</p> <p>Surrogacy: If required due to congenital absence of the uterus or malignancy. Funding is approved for the creation of eggs or embryos and storage for five years or until one implantation has been performed (whichever is the sooner). Funding is not approved for finding a suitable surrogate, implantation in the surrogate mother or subsequent treatment.</p> <p>Preimplantation Genetic Diagnosis (PGD): If a couple have a life limiting condition (or are carriers of such) and there is a gene marker meaning that pre-implantation genetic testing would be beneficial, and the couple meet all of the</p>

IVF	
	<p>eligibility criteria, then one cycle of PGD would be approved</p> <p>Female couples: To be eligible for NHS funded fertility treatment female same sex couples should be demonstrably sub-fertile. Female same sex couples will be assessed if insemination on at least twelve non-stimulated cycles over a period of two years has failed to lead to a pregnancy, in the absence of known reproductive pathology. They should have access to professional consultation, independent advice and counselling in reproductive medicine to obtain advice and information on the options available to them. If a same sex couple has a diagnosed fertility problem on investigation then their sub fertility will be treated but NHS funding will not be available for either donor insemination or for funding of surrogacy arrangements. This is on the basis that unless they are medically sub fertile their childlessness is due to the absence of gametes of the opposite sex and not due to both a medical cause and related healthcare need. The clinician should discuss with the couple the feasibility and preparedness of the other partner trying to conceive before proceeding to interventions involving the sub-fertile partner.</p>
Codes	OPCS Codes: Y96.1, 96.2, 96.3, 96.4, 96.5, 96.6, 96.8, 96.9
Date approved	Assisted conception policy, June 2015
Review date	June 2017 or earlier if new guidance is issued
JCIA	Available upon request.

Male sterilisation (vasectomy)	
Introduction	<p>Sterilisation is a procedure that permanently removes an individual's fertility. Sterilisation that can be carried out for a male is known as vasectomy.</p>
Criteria Based Access	<p>GP based vasectomies under local anaesthetic: GP Based local anaesthetic vasectomy for male sterilisation is commissioned where patients meet the criteria below, the referral letter and patient's medical record need to clearly evidence how these criteria are met:</p> <ul style="list-style-type: none"> • The patient is over 30 years of age; • Their partner/spouse is not currently pregnant; • They understand the procedure should be considered irreversible; • The patient has been advised that reversal would not be funded by the CCG; • They are able to have the procedure carried out under local anaesthetic. <p>Secondary care based vasectomies under general anaesthetic: Vasectomies performed under general anaesthetic is commissioned where patients meet the criteria below, the referral letter and patient's medical record need to clearly evidence how these criteria are met:</p> <ul style="list-style-type: none"> • Previous documented adverse reaction to local anaesthesia; or • Scarring or deformity distorting the anatomy of the scrotal sac or content making identification and/or manipulation of the spermatic cord through the skin difficult to achieve; or • The patient is on anticoagulation therapy.

Male sterilisation (vasectomy)	
Codes	OPCS Codes: N17.1, N17.2, N17.8, N17.9
Date approved	Vasectomies performed under general anaesthetic, January 2015
Review date	September 2016, next review September 2018 or earlier if new guidance is issued
JCIA	Available upon request.

Reversal of female sterilisation	
Introduction	<p>Reversal of sterilisation is a surgical procedure that involves the reconstruction of the fallopian tubes.</p> <p>Sterilisation procedures are available on the NHS and couples seeking sterilisation should be fully advised and counselled (in accordance with RCOG guidelines) that the procedure is intended to be permanent.</p>
Criteria	Reversal of female sterilisation is not routinely commissioned.
Codes	OPCS Codes: Q29.1 - 30.3, 30.8, 30.9, 37.1, 37.8, 37.9 There are no relevant ICD 10 Codes
Date approved	Low priority treatment policy, April 2015
Review date	November 2017 or earlier if new guidance is issued
JCIA	Available upon request.

Reversal of male sterilisation	
Intro	<p>Reversal of male sterilisation is a surgical procedure that involves the reconstruction of the <i>vas deferens</i>. Sterilisation procedures are available on the NHS and couples seeking sterilisation should be fully advised and counselled that the procedure is intended to be permanent.</p>
Criteria	Reversal of male sterilisation is not routinely commissioned.
Codes	OPCS Codes: N18.1, 18.2, 18.8, 18.9. There are no relevant ICD 10 Codes
Date approved	Low priority treatment policy, April 2015
Review date	November 2017 or earlier if new guidance is issued
JCIA	Available upon request.

Eye problems

Laser surgery for short sight (Myopia)	
Introduction	<p>Current evidence suggests that photorefractive (laser) surgery for the correction of refractive errors is safe and efficacious in appropriately selected patients. However there are alternative methods of correction such as spectacles and contact lenses.</p>
Criteria	Laser surgery for correction of short sight is not routinely commissioned.
Codes	OPCS Codes: C44.2, 44.4, 44.5, 46.1

Laser surgery for short sight (Myopia)	
	The ICD 10 Code for short sightedness (high myopia) is H52.1
Date approved	Low priority treatment policy, April 2015
Review date	November 2017 or earlier if new guidance is issued
JCIA	Available upon request.

Aesthetic surgery

General guidelines

1. NHS Kernow considers all lives of all patients whom they serve to be of equal value and, in making decisions about funding treatment for patients, will seek not to discriminate on the grounds of sex, age, sexual orientation, ethnicity, educational level, employment, marital status, religion or disability save where a difference in the treatment options made available to patients is directly related to the patient's clinical condition or is related to the anticipated benefits to be derived from a proposed form of treatment.
2. Aesthetic surgery in patients who are considered to be within the normal morphological range will be considered as purely cosmetic and therefore not funded on the NHS and referrals from GPs for these reasons will not be accepted.
3. Patients requiring reconstructive surgery to restore normal or near normal appearance or function following cancer treatment or post trauma are eligible for NHS funding and therefore not included in this policy.
4. Aesthetic surgery will not be routinely funded to alleviate psychological distress alone. Where there is concern that a patient presenting with an apparently simple aesthetic problem may have an underlying medical or severe psychiatric problem the GP should consider referring the patient for an appropriate opinion relating to that problem.
5. Referrals for the revision of treatments originally performed outside the NHS will not normally be supported, and should be referred back to the practitioner who originally carried out the procedure. Where there is a complication of treatment originally undertaken outside of the NHS e.g. breast capsulotomy following breast augmentation, these will be considered through NHS Kernow's Individual Funding Request (IFR) Process. Such cases will not however be automatically eligible for repeat surgery under the NHS i.e. defective breast implants may be removed but not replaced.

Abdominoplasty or Apronectomy	
Introduction	Abdominoplasty and apronectomy are surgical procedures performed to remove excess fat and skin from the mid and lower abdomen. Many people develop loose abdominal skin after pregnancy or substantial weight loss, whether it be due to surgical or dietary weight loss.
Criteria	Abdominoplasty and apronectomy are not routinely commissioned.
Codes	OPCS Codes: S02.1, 02.2, 02.8, 02.9. There are no appropriate ICD 10 Codes for the clinical criteria
Date	Low priority treatment policy, April 2015

Abdominoplasty or Apronectomy	
approved	
Review date	November 2017 or earlier if new guidance is issued
JCIA	Available upon request.

Removal of Benign Skin Lesions solely for cosmetic reasons	
Introduction	<p>Benign skin lesions include a wide range of skin disorders such as (this list is not exhaustive):</p> <ul style="list-style-type: none"> • Benign pigmented melanocytic naevi (moles); • Dermatofibromas (skin growths); • Hair Removal; • Lipomata (fat deposits underneath the skin); • Molluscum Contagiosum; • Port wine stains; • Post acne scarring; • ‘Sebaceous’ cysts (pilar and epidermoid cysts); • Seborrheic keratoses (benign skin growths, basal cell papillomas, warts); • Skin tags; • Spider naevi. • Telangectasia; • Thread veins; • Warts and Plantar Warts; (genital and anal warts are excluded); • Xanthelasmas (cholesterol deposits underneath the skin); • Anal skin tags. <p>The removal of a benign skin lesion, wherever it appears on the body, is regarded as a procedure of low clinical priority. Surgery to improve appearance alone is not provided.</p>
Criteria	Removal of benign skin lesions is not routinely commissioned.
Codes	<p>OPCS Codes: S06.3 - 06.9, 08.1 - 08.9, 09.1 - 09.9, 10.1, 10.2, 11.1, 11.2, and D02</p> <p>ICD 10 Codes for the clinical criteria are C43, 44, 46.0, 49.0 for relevant malignancies; there are no appropriate ICD 1 Codes for the other clinical criteria</p>
Date approved	Benign skin lesion policy, October 2014
Review Date	November 2017 or earlier if new guidance is issued
JCIA	Available upon request.

Blepharoplasty	
Introduction	Blepharoplasty is a surgical procedure performed to correct puffy bags below the eyes and droopy upper eyelids. It can improve appearance and widen the field of peripheral vision.
Criteria Based Access	<p>Blepharoplasty is commissioned where patients meet the criteria below, the referral letter and patient’s medical record need to clearly evidence how these criteria are met:</p> <ul style="list-style-type: none"> • Impairment of visual fields in the relaxed, non-compensated state. Evidence will be required that eyelids impinge on visual fields, reducing field to 120

Blepharoplasty	
	degrees laterally and 40 degrees vertically (20 above and 20 below); or <ul style="list-style-type: none"> Correction of ectropion or entropion with ocular irritation and causing functional implications (evidence of functional implications must be supplied with the referral documentation).
Codes	OPCS Codes: C13.1 - 13.4, C13.8 – 9, C16.1 – 16.5, C16.8 There are no appropriate ICD 10 Codes for the clinical criteria
Date Approved	Blepharoplasty (upper and lower lid) including brow lift, March 2014
Review Date	September 2016, next review September 2018 or earlier if new guidance is issued
JCIA	Available upon request.

Botox injection for the ageing face	
Introduction	Botox injection for the ageing face
Criteria	Botox Injection for the Ageing Face is not routinely commissioned.
Codes	OPCS Codes: X85.1 with Z60.1 (with or without X37.5) There are no appropriate ICD 10 Codes
Date approved	Low priority treatment policy, April 2015
Review date	November 2017 or earlier if new guidance is issued
JCIA	Available upon request.

Breast Asymmetry	
Introduction	Breast Asymmetry
Criteria	Cosmetic breast surgery is not routinely commissioned. Exclusions: This policy does not cover breast reconstruction following surgery for breast cancer. Clinicians are not required to seek prior approval in these circumstances.
Codes	OPCS Codes: B30.1, 30.2, 30.4, 30.8, 30.9, 31.2, 31.4, 37.5 There are no appropriate ICD 10 Codes for the clinical criteria
Date approved	Cosmetic breast surgery policy, April 2014
Review date	November 2017 or earlier if new guidance is issued
JCIA	Available upon request.

Breast augmentation	
Introduction	Breast augmentation/enlargement is the most popular cosmetic procedure. It involves inserting artificial implants behind the normal breast tissue to improve its size and shape.
Criteria	Cosmetic breast augmentation/enlargement is not routinely commissioned.
Codes	OPCS Codes: B30.1, 30.2, 30.4, 30.8, 30.9, 31.2, 31.4, 37.5 There are no appropriate ICD 10 Codes for the clinical criteria

Breast augmentation	
	Exclusions: This policy does not cover breast reconstruction following surgery for breast cancer. Clinicians are not required to seek prior approval in these circumstances.
Date approved	Cosmetic breast surgery policy, April 2014
Review Date	November 2017 or earlier if new guidance is issued
JCIA	Available upon request.

Breast Lift (Mastopexy)	
Introduction	<p>This is included as part of the treatment of breast asymmetry but will not be available for purely cosmetic reasons, for example post lactation or age related breast ptosis (drooping).</p> <p>Mastopexy refers to the surgical correction of breasts that sag or droop. This can occur as part of the natural aging process, or pregnancy, lactation and substantial weight loss.</p>
Criteria	<p>Breast Lift (Mastopexy) is not routinely commissioned.</p> <p>Exclusions: This policy does not cover breast reconstruction following surgery for breast cancer. Clinicians are not required to seek prior approval in these circumstances.</p>
Codes	<p>OPCS Codes: B31.3, 31.4.</p> <p>There are no appropriate ICD 10 Codes</p>
Date approved	Cosmetic breast surgery policy, April 2014
Review date	November 2017 or earlier if new guidance is issued
JCIA	Available upon request.

Breast reduction	
Introduction	Excessively large breasts can cause physical and psychological problems. Breast reduction procedures involve removing excess breast tissue to reduce size and improve shape.
Criteria	Breast reduction is not routinely commissioned.
Codes	<p>OPCS Codes: B31.1, 30.3</p> <p>There are no appropriate ICD 10 Codes for the clinical criteria</p>
Date approved	Cosmetic breast surgery policy, April 2014
Review date	November 2017 or earlier if new guidance is issued
JCIA	Available upon request.

Male breast reduction surgery for gynaecomastia	
Introduction	Most cases of gynaecomastia are idiopathic. It can also occur during puberty, when it tends to resolve as the post-pubertal fat distribution is complete. It can also occur secondary to medication such as oestrogens, gonadotrophins, digoxin, spironolactone and cimetidine, as well as anabolic steroids. More rarely

Male breast reduction surgery for gynaecomastia	
	it can be due to endocrinological disorders and malignancy.
Criteria	Male breast reduction surgery for gynaecomastia is not routinely commissioned. Note: This policy relates to cosmetic procedures and explicitly excludes investigation or management of suspected malignancy
Codes	OPCS Codes: B31.1 The ICD 10 Code for gynaecomastia is N62, but there are no appropriate ICD 10 Codes for the clinical criteria
Date approved	Cosmetic breast surgery policy, April 2014
Review date	November 2017 or earlier if new guidance is issued
JCIA	Available upon request.

Face lift or brow lift	
Introduction	These surgical procedures are performed to lift the loose skin of face and forehead to get a firm and smoother appearance of the face.
Criteria	Cosmetic face lift or brow lift are not routinely commissioned.
Codes	OPCS Codes: S01.1, 01.2, 01.3, 01.4, 01.5, 01.6, 01.8, 01.9 ICD 10 Codes for the clinical criteria are Q18.3, 18.9, 67.0 - 67.4; G51; Q82.8, 85. There are no appropriate Codes for trauma or deformity following surgery
Date approved	Low priority treatment policy, April 2015
Review date	November 2017 or earlier if new guidance is issued
JCIA	Available upon request.

Hair grafting - male pattern baldness	
Introduction	Male pattern baldness is a common type of hair loss and for many men it is a normal process at whatever age it occurs. Almost all men have some baldness in their 60s. Hair grafting is mostly done for aesthetic reasons.
Criteria	Hair grafting for male pattern baldness is not routinely commissioned.
Codes	OPCS Codes: S21.1, 21.2, 21.8, 21.9, 33.1, 33.2, 33.3, 33.8, 33.9 The ICD 10 Codes for male pattern baldness are L64.8, 64.9
Date approved	Low priority treatment policy, April 2015
Review date	November 2017 or earlier if new guidance is issued
JCIA	Available upon request.

Hymenorrhaphy	
Introduction	Hymenorrhaphy
Criteria	Hymenorrhaphy, or hymen reconstruction surgery, is a cosmetic procedure and is not routinely commissioned.
Codes	OPCS codes: ICD10:
Date	Low priority treatment policy, April 2015

Hymenorrhaphy	
approved	
Review date	November 2017 or earlier if new guidance is issued
JCIA	Available upon request.

Inverted nipple correction	
Introduction	Nipple inversion may occur as a result of an underlying breast malignancy and it is essential that this be excluded. This policy explicitly relates to correction of inverted nipples for cosmetic reasons.
Criteria	Inverted Nipple Correction is not routinely commissioned. Note: This policy relates to cosmetic procedures and explicitly excludes investigation or management of suspected malignancy.
Codes	OPCS Codes: B35.4, 35.6 There are no appropriate ICD 10 Codes for the clinical criteria
Date approved	Cosmetic breast surgery policy, April 2014
Review date	November 2017 or earlier if new guidance is issued
JCIA	Available upon request.

Labiaplasty	
Intro	Labiaplasty
Criteria	Labiaplasty is not routinely commissioned.
Codes	OPCS codes: P05.5, 05.6, 05.7 There are no appropriate ICD 10 Codes
Date approved	Low priority treatment policy, April 2015
Review date	November 2017 or earlier if new guidance is issued
JCIA	Available upon request.

Removal of lipomata	
Introduction	Lipomata are fat deposits underneath the skin. People often ask for them to be removed on cosmetic grounds, although patients with multiple subcutaneous lipomata may need a biopsy to exclude neurofibromatosis.
Criteria	Removal of Lipomata on cosmetic grounds is not routinely commissioned.
Codes	OPCS Codes: There are no appropriate OPCS Codes since Lipomata lie subcutaneously. ICD 10 Codes for lipoma are D17 and E88.2, but there are no appropriate ICD 10 Codes for the clinical criteria.
Date approved	Benign skin lesion policy, October 2014
Review Date	November 2017 or earlier if new guidance is issued
JCIA	Available upon request.

Liposuction	
Introduction	Liposuction (also known as liposculpture), is a surgical procedure performed to improve body shape by removing unwanted fat from areas of the body such as abdomen, hips, thighs, calves, ankles, upper arms, chin, neck and back. Liposuction is sometimes done as an adjunct to other surgical procedures, such as cancer procedures.
Criteria	Liposuction is not routinely commissioned.
Codes	OPCS Codes: S62.1, 62.2 There are no appropriate ICD 10 Codes
Date approved	Low priority treatment policy, April 2015
Review date	November 2017 or earlier if new guidance is issued
JCIA	Available upon request.

Repair of lobe of external ear (split earlobes)	
Introduction	The external ear lobe can be damaged partially or completely as result of trauma or wearing ear rings. Correction of split earlobes is not always successful and the earlobe is a site where poor scar formation is a recognised risk.
Criteria	Repair of lobe of external ear is not routinely commissioned.
Codes	OPCS Codes: D06.2, 06.3 There are no appropriate ICD 10 Codes
Date approved	Low priority treatment policy, April 2015
Review date	November 2017 or earlier if new guidance is issued
JCIA	Available upon request.

Revision mammoplasty (including prosthesis removal or replacement)	
Introduction	The term mammoplasty refers to both breast reduction and breast augmentation procedures. Revision mammoplasty may be indicated if desired results are not achieved or as a result of problem with implants.
Criteria Based Access	<p>Revision mammoplasty (including prosthesis removal or replacement) is commissioned where patients meet the criteria below, the referral letter and patient's medical record need to clearly evidence how these criteria are met:</p> <ul style="list-style-type: none"> • Implant is proven to be ruptured; or • Baker Grade IV capsular contracture; or • Implants with capsule formation that interferes with mammography; or • Implant is a PiP implant <p>This commissioning decision applies regardless of the funding source of the original surgery (i.e. whether funded by the NHS or on a private basis*).</p> <p>Patients will be offered the choice of removing both prostheses in the event that only one has been ruptured with the intention of ensuring symmetry.</p> <p>Replacement of breast implants is not routinely commissioned.</p>

Revision mammoplasty (including prosthesis removal or replacement)	
	<p>This policy does not apply to women who have undergone breast reconstruction following surgery for cancer.</p> <p>* Please note in the first instance the patient should be directed back to the original private provider for the procedure. In the event the private provider is unable to support the patient, the NHS will undertake removal only. However the CCG reserves the right to seek reimbursement from the provider.</p>
Codes	<p>OPCS Codes: B30.2, 30.3, 30.4, 31.4</p> <p>There are no appropriate ICD 10 Codes for the clinical criteria</p>
Date approved	Breast implants – removal and replacement, April 2015
Review Date	September 2016, next review September 2018 or earlier if new guidance is issued
JCIA	Available upon request.

Penile implants and labial trimming and cosmetic genital procedures	
Introduction	Trimming of labia majora and minora are considered cosmetic procedures.
Criteria	Penile implants, labial trimming and other cosmetic genital procedures are not routinely commissioned.
Codes	<p>OPCS Codes: N29.1, 29.2, 29.8, 29.9, P05.5, 05.6, 05.7</p> <p>There are no appropriate ICD 10 Codes</p>
Date approved	Low priority treatment policy, April 2015
Review date	November 2017 or earlier if new guidance is issued
JCIA	Available upon request.

Pinnaplasty	
Introduction	Pinnaplasty is performed for the correction of prominent ears or bat ears.
Criteria	Pinnaplasty is not routinely commissioned.
Codes	<p>OPCS Codes: D03.3.</p> <p>The ICD 10 Code for bat ears is Q17.5, but there are no appropriate Codes for the clinical criteria</p>
Date approved	Low priority treatment policy, April 2015
Review date	November 2017
JCIA	Available upon request.

Removal of tattoos	
Introduction	A tattoo can be removed by laser, surgical excision, or dermabrasion.
Criteria	Tattoo removal is not routinely commissioned.
Codes	<p>OPCS Codes: S09.1, 09.2, 10.8, 10.9, 60.1, 60.2</p> <p>The ICD 10 Code for tattoos is L81.8</p>
Date approved	Low priority treatment policy, April 2015
Review	November 2017 or earlier if new guidance is issued

Removal of tattoos	
date	
JCIA	Available upon request.

Resurfacing procedures: dermabrasion, chemical peels and laser treatment	
Introduction	Dermabrasion, involves removing the top layer of the skin to make it look smoother and healthier. Scarring and permanent discolouration of skin are rare complications.
Criteria	Resurfacing procedures: dermabrasion, chemical peels and laser treatment are not routinely commissioned
Codes	OPCS Codes: S09.1, 09.2, 10.3, 11.3, 60.1, 60.2 There are no appropriate ICD 10 Codes for the clinical criteria
Date approved	Low priority treatment policy, April 2015
Review date	November 2017 or earlier if new guidance is issued
JCIA	Available upon request.

Rhinoplasty	
Introduction	Rhinoplasty is a surgical procedure performed on the nose to change its size or shape or both. People often ask for this procedure to improve self-image.
Criteria	Rhinoplasty is not routinely commissioned.
Codes	OPCS Codes: E02.3, 02.4, 02.5, 02.6 07.3 There are no appropriate ICD Codes for the clinical criteria
Date approved	Low priority treatment policy, April 2015
Review date	November 2017 or earlier if new guidance is issued
JCIA	Available upon request.

Scars and keloids	
Introduction	Scars and keloids
Criteria	Treatment for scars and keloids is not routinely commissioned.
Codes	OPCS Codes: S06.3, 06.4, 06.5, 08.1, 08.2, 09.1, 09.2, 10.1, 10.2, 10.8, 10.9, 11.1, 11.2, 11.8, 11.9, 60.4, Y06.4 The ICD 10 Codes for scars and keloids are L90.5 and 91.0, but there are no appropriate ICD 10 Codes for the clinical criteria
Date approved	
Review date	November 2017 or earlier if new guidance is issued
JCIA	Available upon request.

Thigh lift, buttock lift and arm lift, excision of redundant skin or fat	
Introduction	These surgical procedures are performed to remove loose skin or excess fat to reshape body contours.
Criteria	Thigh lift, buttock lift, and arm lift, excision of redundant skin or fat are

Thigh lift, buttock lift and arm lift, excision of redundant skin or fat	
	not routinely commissioned.
Codes	OPCS Codes: S03.1, 03.2, 03.3, (S03.8 or 03.9 with Z49.5 or 50.1) There are no appropriate ICD 10 Codes for the clinical criteria
Date approved	Low priority treatment policy, April 2015
Review date	November 2017 or earlier if new guidance is issued
JCIA	Available upon request.

Vaginoplasty	
Introduction	Vaginoplasty
Criteria	Non-reconstructive vaginoplasty or “vaginal rejuvenation” used to restore vaginal tone and appearance is not routinely commissioned.
Codes	OPCS codes: P21.3, 21.4, 21.5 There are no appropriate ICD 10 Codes
Date approved	Low priority treatment policy, April 2015
Review Date	November 2017 or earlier if new guidance is issued
JCIA	Available upon request.

Congenital vascular lesions	
Introduction	Congenital vascular lesions
Criteria	Laser treatment for congenital vascular lesions is not routinely commissioned.
Codes	OPCS codes: ICD10:
Date approved	Benign skin lesion policy, October 2014
Review date	November 2017 or earlier if new guidance is issued
JCIA	Available upon request.

Miscellaneous

Complementary medicines/therapies	
Introduction	Complementary medicines/therapies
Criteria	Complementary therapies such as homeopathy, acupuncture, osteopathy and chiropractic therapy are not routinely commissioned
Codes	OPCS Codes: X61.2, X61.3, X61.4, X61.8, X61.9, Y33.1 There are no appropriate ICD 10 Codes
Date approved	April 2012
Review date	November 2017
JCIA	Available upon request.